## MANCHESTER-BY-THE-SEA PARKS AND RECREATION

Summer 2025
PROGRAM BROCHURE
Cool programs for kids and adults
all summer long!!!



Check us out at www.mbtsrec.com and follow us on Facebook for weekly program info, updates and fun program pictures!



PARKS & RECREATION

Cheryl Marshall
Director of Parks and Recreation:
Heather DePriest
Program Director
Town Hall, 10 Central St
Manchester By the Sea, MA 01944

Office: 978-526-2019 Fax: 978-526-2007

# MPR IN REVIEW!





**MISSION:** The Manchester Parks & Recreation Department Strives to offer programs and services that help to enhance the quality of life through parks and exceptional recreation opportunities. We provide opportunities for all residents to live, grow and develop into healthy, contributing members of our community. Whatever your age, ability or interest, we have something for you!

#### **REGISTRATION INFORMATION:**

- All programs are offered "first come first served" basis via online registration through our website www.mbtsrec.com, mail in registration or in person at the Parks & Recreation office,
- All programs operate on a self-supporting basis. The Parks & Recreation department reserves the right to cancel classes that do not support themselves.
- Checks should be made payable to: **MANCHESTER PARKS & RECREATION**. Registrations should be mailed to: Manchester Parks & Recreation, 10 Central Street, Manchester, MA 01944, or dropped off in Room #9 at Town Hall. You can also register for programs online using your checking account (lowest cost) or with a credit or debit card at www.mbtsrec.com.
- There is a \$35.00 service fee for all returned checks.
- Non-residents are allowed to sign up for any Manchester Recreation Department program with the exception of Manchester Summer Playground.
- If schools are closed due to inclement weather, then all recreation programs for that day are also cancelled. On weekends or in summer months, if weather is questionable, please call the Parks and recreation Department., weather information/cancellation line at **978-525-6429** and the status of the activity will be posted. Generally, the status of the program will be posted 1 hour prior to the start of the program. Also, please check the Facebook page for up to date information.
- Confirmation of your program will **NOT** be made. You will be notified if the class is full or is cancelled due to low enrollment. Please mark your calendar and plan to attend your program at the first meeting.
- Our online registration system allows you to create a family account. By creating a family account, you will only have to fill out your family information one time. Then for all future registrations you would simply select the appropriate family members name from the drop down menu.
- The second benefit of creating your own family account is that you have the ability to login to your account and see what programs you are currently registered for and if you have any outstanding balances or have a credit on file with the Department.

#### **SCHOLARSHIP ASSISTANCE:**

A confidential application can be made to the Program Director. If it is determined that a hardship exists, the applicant may be granted a reduction in fee. All programs operate on a self-supporting basis, which limits the amount of available aid that we can provide, financial assistance is only available for programs run directly by Parks & Recreation Department staff such as Hornets After School Program, Winter Basketball & Manchester Summer Playground. Financial assistance may not available for programs where we hire contractors to run the program, unless it is approved by the instructor. Please call 978-526-2019 to request an application.

#### **PHOTO & VIDEO POLICY:**

The Manchester Parks & Recreation Department reserves the right to photograph facility, activity and program participants at any and all department sponsored events for potential future use. All photos will remain the property of the Manchester Parks & Recreation Department and may be used in future program guides, brochures, pamphlets news release and Facebook for promotional purposes or in recognition of department sponsored events. If you do not wish to have your picture taken, please notify a member of the staff prior to the event.

## PARKS AND RECREATION COMMITTEE

The Parks & Recreation Committee serves as the sole advisory group to the Select Board on matters related to Parks & Recreation programs, serves, and facilities. This Committee meets on a monthly basis. If you have an item that you would like them to discuss, please contact the Parks & Recreation Department at 978-526-2019 to have your item added to the next agenda. Committee Members:

> Sean Masterson, 2025 Karlee Blaisdell, 2025 Olga Hayes, 2026 Muffin Driscoll, Chair 2027 Paul Steriti. 2027

## FIND US ON FACEBOOK



Are you a Facebook user? Did you know that Manchester Parks & Recreation Department has a page on Facebook? Currently we have over 1.9k followers of our page. Become our "Facebook Fan" and keep up to date on the latest department news, program offerings, employment opportunities, special events, surveys, photos and more. You can also offer program suggestions, provide feedback on your experiences and more. Go to: www.facebook.com and search for "Manchester Parks & Recreation.".

#### **TUCK'S POINT**

The Tuck's Point Chowder House is an open air picnic pavilion that is available for rent. It can seat a maximum of 125 people and is used for picnics, reunions, birthday parties, etc. There are no cooking facilities available. The Rotunda is a gathering spot used for short wedding ceremonies, prom pictures, etc. and is open to the public. A reservation form and full payment is required to reserve the chowder house. All caterer information must be received in full 30 days before the scheduled date, or the date may be forfeited. Reservation forms are available at Manchester Town Hall and online at: www.manchester.ma.us/recreation

#### 2025 RESIDENT RATES:

Monday - Thursday \$325.00 Friday - Sundays
2025 NON-RESIDENT RATES: \$375.00

Monday - Thursday \$750.00 Friday - Saturdays \$850.00



## **CROWELL CHAPEL INFORMATION**

Crowell Chapel is a small gothic looking stone structure located at 4 Rosedale Avenue in Manchester, MA. Commissioned to be built by Susan Crowell in memory of her brother Benjamin Franklin Crowell in 1903, the chapel is one of Manchester's hidden jewels. The chapel is available to rent on a first come first served basis and any interested party should contact Manchester Parks & Recreation at 978--526-2019. Reservation forms are also available online at: www.manchester.ma.us/recreation. The chapel capacity is 140 people.

#### **RENTAL FEE SHCEDULE:**

Wedding or similar function \$500.00 Memorial/Mortuary Services, Christenings \$300.00 Recitals & Other Music Events \$300.00 **Local Non-Profit Group Events FREE** (during regular business hours)



## **MUSIC IN MASCONOMO PARK**



#### Music in Masconomo Park 2025 FREE Summer Concert Series 6:00pm-8:00pm Tuesday Nights, June 17<sup>th</sup>- August 29<sup>th</sup>

**\** 

**June 17**<sup>th</sup> – **Fast Times**- Let's go back to future with this totally tubular band. Fast Times will rock out all the best 80's covers. We dare you to dress the part for this show, big hair, acid washed jeans, jellies, and docs!

**June 24**<sup>th</sup> – **Brian Alex** –Brian Alex is a true entertainer at heart. With ease he can shift from crooning a Sinatra standard to then slipping right into something as funky and festive as you've ever heard. Brian is one of the original bandmates of Martha's Vineyard based "Entrain".

July 1<sup>st</sup> – Northern Fried- Their music is a combination of southern and classic rock, R&B mixed with a tinge of New Orleans funk, traditional blues and reggae for flavor. Blue eyed soul meets black eyed peas in a joyous, musical mashup.

**July 8<sup>th</sup> - Conscious Reggae**- performs classic reggae and reggae-influenced pop covers. Live, reggae roots music.

July 15<sup>th</sup> – Lisa Love Experience- high energy cover band of all the ages, and a love for music and entertainment, this band really plays to the crowd. Lisa and her band LOVE Manchester by the Sea.

**July 22<sup>nd</sup>** - **East Coast Soul-** A boutique collective of elite ensembles, each based on the same core repertoire and performance style but inspired by the unique energy of their musicians and vocalists.

July 29<sup>th</sup> – Spike the Punch, with Jeff Fraser of Essex, Ma. High energy rock band that plays all the favorite covers. This band plays to the crowd and LOVES to rock out!!

**August 5**<sup>th</sup> – **Studio Two**- Studio Two is a Boston-based tribute band that has been passionately bringing the iconic music of The Beatles to life since 2012. Specializing in the early Beatles years (1962-1966), we faithfully recreate the sound, energy, and excitement of their live performances—from their iconic days at The Cavern Club to their groundbreaking American tours.

**August 29<sup>th</sup> – Live Dead-** Calling all "Deadheads" you do not want to miss this show. This band will jam out to all the Grateful Dead classics.



## **SUMMER ADULT PROGRAMS**

**Zumba Gold with Pat Martines - Chowder House -**Join Zumba Gold for adults with local Zumba instructor, Pat Martines! This class is a party like dance fitness program with music from around the world. It is gentle to the joints and easy to follow. Class will focus on building cardiovascular health, balance, coordination, and flexibility. You will burn lots of calories and have fun dancing!!!! Don't forget to eat a good breakfast and bring water. This exercise class will take place at Tuck's Point, Chowder House on Tuesday's from 10:00am-10:45am. This fun class will end with a Senior Social from 11:00am-12:00pm at the Chowder House. Bring a coffee, bag lunch, or snacks and enjoy catching up with friends overlooking the harbor. You must pre-register for this FREE class.

Location: Tuck's Point, Chowder House

Dates: Tuesday's, May 20th, 27th, June 3rd, 10th, 17th, 24th & July 1st (7 classes)

Time: 10:00am-10:45am- Zumba Class Time: 11:00am-12:00pm- Senior Social

Fee: FREE

Butts, Bellies, Biceps at Singing Beach with Emily McCavanagh -Back by popular

demand! Join Emily McCavanagh from F.I.T House for their annual Butts, Bellies & Biceps class on Singing Beach. This fun and intense 4 week program is designed to strengthen, lengthen and tone all your key muscles. This class is hosted at Singing Beach through Manchester Parks and Recreation and designed for all levels. Lots of fun to be had while we focus on finding our FIT. **Please bring a water and or mat and towel.** 

Dates: June 23rd- July 17th Tuesdays & Thursdays

Time: 7:00am-7:45am Location: Singing Beach Fee: \$120.00 (8 Classes)



Watercolor with Martha Chapman @ Tuck's Point- Exploring Watercolor Painting, a class for beginners and artists hoping to further develop their watercolor skills and techniques. Subject matter will include Annisquam lighthouse, beach and dunes, spring landscape, and boats and reflections in water. Three-hour classes will include drawing and composition, perspective, color mixing, and the idiosyncrasies of watercolor paints. Materials will be provided.

Dates: Mondays

June 9 - Spring landscape
June 16 - Beach and dunes
June 23 - Annisquam lighthouse

June 30 - Boats and reflections in water

**Time:** 10:00am to 1:00pm

Location: Tuck's Point Chowder House

Fee: \$40.00 per class



## **SUMMER ADULT PROGRAMS**

Cruisers, Adults 65+ - Stand Up Paddling- It's never too late to enjoy Manchester by the water! You can sit, kneel or stand as we gently paddle our way around the harbor and learn about the incredible history of this town and it's waterways. Wear your bathing suit and bring a towel. All equipment provided. You must pre-register to participate. Limit, 2 classes per person.

**Dates:** Thursdays at Tucks Point Dock

Time: 10:00am-12:00pm Session 1- June 19th Session 2- June 26th Session 3- July 3rd Session 4- July 10th

Fee: FREE



Sunrise Vinyasa Yoga on Singing Beach with Mary Hart- This life affirming, breath centered class sculpts the body with classical poses and core challenging movements. Set an intention to deepen your practice this summer on the most beautiful beach on the North Shore. Enjoy sound bowl healing, restorative reiki and aromatherapy. Please note this class requires two beach towels, water-bottle, a yoga strap, appropriate glasses and sunscreen. Non MBTS residents will be given a car placer for the their cars. The placer will only be permittable during class times and days.

Location: Singing Beach

Dates: Tuesday & Thursday & Saturdays

\*Tucks Point if raining @ the Chowder House

#### **Session One:**

Dates: June 14th- July 26th (No class June 28th, July 2nd, 3rd & 5th)

**Time:** 7:30am-8:30am **Location:** Singing Beach

Dates: Tuesday & Thursday & Saturday

Fee: \$225.00 (15 classes)



Dates: August 2nd- August 30th

**Time:** 7:30am-8:30am **Location:** Singing Beach

Dates: Tuesday & Thursday & Saturday

Fee: \$225.00 (15 Classes)

Saturdays Only:

Dates: June 14th- August 30th

Time: 7:30am-8:30am
Location: Singing Beach
Dates: Saturdays (11 classes)





## **SUMMER ADULT PADDLEBOARD**

Adult Sunrise Paddlers with Tangerines @ Tuck's Point -Start the day watching the sunrise on a paddleboard at Tuck's Point! We'll catch some early morning light and watch Manchester wake up on lazy summer mornings. Bring your bathing suit, a towel, and your love of the Atlantic Ocean. All equipment provided by Tangerine. Maximum group size of four. Adults 18 and over.

**Dates:** Tuesdays

**Session 1:** (4, 2 hour sessions) Tuesdays 6/17, 6/24. 7/1 & 7/8 **Session 2:** (4, 2 hour sessions) Tuesdays 7/15, 7/22, 7/29 & 8/5

Session 3: (4, 2 hour sessions) Tuesdays 8/12, 8/19, 8/26 & 9/2

Time: 6:00am-8:00am Location: Tuck's Point Fee: \$286.00 (per session)



Adult- Sunset Paddlers with Tangerine @ Tuck's Point -Unplug and get on the water with paddle board instructor, Tyson Goodridge from Tangerine! Meet at Tuck's Point every Monday evening to paddleboard and explore Manchester. After training and instruction, we'll paddle the harbor and learn more about the homes, history and stories of Manchester. All equipment provided by Tangerine. Maximum group size of four. Adults 18 and over.

**Session 1:** (4, two hour sessions) Mondays, 6/16, 6/23, 6/30 &7/7 **Session 2:** (4, two hour sessions) Mondays, 7/14, 7/21, 7/28 & 8/4

Session 3: (4, two hour sessions) Mondays, 8/11, 8/18, 8/25 & 9/1

Time: 6pm-Sunset

Fee: \$285.00 (per session)



Adult Pickleball Lessons with Geoff Sones & Sue Love- Learn to play America's fastest growing sport here in Manchester on our beautiful new courts at Sweeney Park. All summer we will offer classes for the Beginner, Advanced Beginner and Intermediate player. Our classes will provide you with an excellent foundation to allow you to get out on the court and play or for the advanced player teach you how to how to get your game up to speed and start competing! You will also work up a sweat, meet new people and have a ton of fun with our certified instructors. For more info on these classes, go to www.mbtsrec.com to register.







## SUMMER ADULT PROGRAMS AT TUCK'S POINT

Happy Hour- Stand Up Paddle (Adults 18 plus) -Meet other paddlers or get your house guest on the water this weekend! Happy Hour is a weekly drop-in class that's informal, fun, and, well, happy. Each week we'll have a different lesson, theme and location in and around Manchester harbor. (Have your own board? Bring it and \$20 of your registration fee will be donated to the Manchester Essex Boosters)

**Dates:** Fridays

Time: 10:00am-12:00pm
Age Group: Adults 18+
Location: Tuck's Point Dock
Fee: \$29.00 per session
Maximum of 6 per session

Session 1: Friday, June 20th Session 2: Friday, June 27th Session 3: Friday, July 11th Session 4: Friday, July 18th Session 5: Friday, July 25th Session 6: Friday, Aug 1st Session 7: Friday, Aug 8th Session 8: Friday, Aug 15th Session 9: Friday, Aug 22nd Session 10: Friday, Sept 5th Session 11: Friday, Sept 12th Session 12: Friday, Sept 19th Session 13: Friday, Sept 26th Session 14: Friday, Oct 3rd



Connect to the Spirits with Jamie Day at seaside Tucks Point- You're invited to witness the connection with our passed loved ones in Spirit for messages of love, healing, and validation! Jamie has been practicing mediumship since 2016 and is eager to help show you that love truly has no bounds! During this group reading experience several participants will receive unique messages of their own, and enjoy watching others receive support from the other side.

This special annual event will be back at beautiful, scenic Tucks Point in Manchester by the Sea under the Chowder House. This is a very special location to Jamie since her childhood, and she can't wait to share the Spirit energy with you again this year!

Date: Monday, July 21st, 2025

**Time:** 6:30-8pm

Location: Tucks Point, Manchester by the Sea

**Fee**: \$55.00 pp



## **SUMMER PLAYGROUND**

Manchester Summer Playground @ Manchester Memorial Elementary School-

The century-old Manchester summer tradition is back! Each week will boast new and exciting activities and will carry on many of the beloved Playground traditions. We will play sports, gym games, crafts, board games, table games, water games, tournaments & competitions, Hat Day, STEM creations, annual 4th of July t-shirt creations, friendships bracelets and gimp. We will also have special guests such as Curious Creatures, Dancers and Magicians!!! Every Tuesday will be Field Trip Day! Everyone will attend the trip, we will not have regular Playground at the school, pick up will be at 1:00 at Memorial School. Friday we will enjoy a local Manchester beach or park. Be sure to follow the Manchester Playground calendar for details. Drop off and pick up will be from that location on Fridays. These weeks will fill up fast so please register for the weeks that work best for your family. Sign up early!!!

- These weeks will fill up fast so please register for the weeks that work best for your family. Sign up early!!!
- This program is only open to residents of Manchester and or students that attend MERSD.
- Fee: ONLY \$119.00 per week and includes the field trip every Tuesday!
- Monday, Wednesday, Thursday & Friday- 9:00am-12:00pm
- Tuesday- 9:00am-1:00pm
- Fridays- Drop off and pick up at designated Manchester beach or park!

Week 1: June 23rd- June 27th

Week 2: June 30th- July 3rd (no program on the 4th) (4 days)- \$85.00

Week 3: July 7th- July 11th (SOLD OUT)
Week 4: July 14th- 18th (SOLD OUT)
Week 5: July 21st-25th (SOLD OUT)
Week 6: July 28th- Aug 1st (SOLD OUT)

Week 7: August 4th-8th



CIT Leadership Program at Manchester Summer Playground- Do you have a young teen that is looking to gain work experience with children over the summer months? Manchester Parks and Recreation is offering two sessions to participate in our CIT Leadership Program at Manchester Summer Playground. Our counselor in training program teaches young teens how to work with others, run games, care for others and be part of a team. For students who have graduated 8th grade. Spaces are limited.

Dates: Monday- Friday

Time: 8:45-12:15 (subject to change)

Session 1: June 23rd- July 18 Session 2: July 21- August 8 Fee: \$100.00 per session

## **SUMMER PLAYGROUND SCHEDULE**

Week 1	Monday 6/23	Tuesday 6/24	Wednesday 6/25	Thursday 6/26	Friday 6/27
	OPENING DAY	Field Trip: Connors Farm	Street Hockey Tour- nament	BMX Bike Show	Tuck's Point Trip
Week 2	Monday 6/30	Tuesday 7/1	Wednesday 7/2	Thursday 7/3	Friday 7/4
	4th of July T-Shirt	Field Trip: Gloucester Cinema	High Flying Frisbee Dogs	Ping Pong Tournament	NO PG 4th July
Week 3	Monday 7/7	Tuesday 7/8	Wednesday 7/9	Thursday 7/10	Friday 7/11
	Hat Day	Field Trip: Richardsons Mini Golf	Wet & Wild Day	Hoop It Up Day	Singing Beach
Week 4	Monday 7/14	Tuesday 7/15	Wednesday 7/16	Thursday 7/17	Friday 7/18
	Beverly Bootstraps Visit	Field Trip: In the Game	Curious Creatures	World Cup Day	Masconomo Park Safety Day
Week 5	Monday 7/21	Tuesday 7/22	Wednesday 7/23	Thursday 7/24	Friday 7/25
	Carnival Day	Field Trip: Stone Zoo	Sidewalk Chalk Contest	Wiffleball Tournament	White Beach Trip
Week 6	Monday 7/28	Tuesday 7/29	Wednesday 7/30	Thursday 7/31	Friday 8/1
	Tye Dye Day	Field Trip: Cape Ann Lanes	Egg Drop	Bumper Pool Tournament	Tuck's Point Trip
Week 7	Monday 8/4	Tuesday 8/5	Wednesday 8/6	Thursday 8/7	Friday 8/8
	Kids Choice Day	Field Trip:	Rope Burners	Playground	Ice Cream



## **SUMMER PLAYGROUND EXTENDED DAY**

Week 1	Monday 6/23 Create a PG Mascot	Tuesday 6/24 Make a Keychain	Wednesday 6/25 Pickleball & Popsicle Party	Thursday 6/26 Movie & Popcorn
Week 2	Monday 6/30 4th of July Scavenger Hunt	Tuesday 7/1 Slime Time	Wednesday 7/2 Pickleball & Bomb Pops	Thursday 7/3 Field Day
Week 3	Monday 7/7 Relay Races	Tuesday 7/8 Water Colors	Wednesday 7/9 Pickleball & Bomb Pops	Thursday 7/10 Movie & Popcorn
Week 4	Monday 7/14 Foosball Tournament	Tuesday 7/15 Bracelet Making	Wednesday 7/16 Pickleball & Watermelon Pops	Thursday 7/17 Movie & Penny Candy
Week 5	<b>Monday 7/21</b> Playground Bingo	Tuesday 7/22 Fuse Beads & Creations	Wednesday 7/23 Pickleball & Italian Ice	Thursday 7/24 Movie & Popcorn
Week 6	Monday 7/28 Cornhole Tourney	Tuesday 7/29 Fabric Markers & Crafts	Wednesday 7/30 Pickleball & Ice Pops	Thursday 7/31 Movie & Penny Candy
Week 7	Monday 8/4 Board Games	Tuesday 8/5 Model Magic	Wednesday 8/6 Pickleball & Popsicles	Thursday 8/7 Minute to win it!

# Extended Day - Daily Schedule

Arrival & Lunch 12:00- 12:30pm

**Outdoor Activities, Gym Games or Crafts** 

12:30-2:30pm

**Indoor Structured - Choice Time** 

· 2:30-3:00pm

#### **Dismissal**

· 3:00pm



Please pack a daily lunch & water bottle. Post Snacks will be available for daily purchase.

#### **SUMMER PRE-SCHOOL**

Gym Games with Mr. Boria @ Sweeney Park (4-6)- Join Mr. Boria and his love of Gym Games at Sweeney Park this summer. Mr. Boria will play all the classic favorites that he plays during the school year. Your children will fall in love with all the Memorial School gym class classics. This fun class will be run at the Sweeney Park basketball courts in the shade. Please make sure your child has on sunscreen, a water bottle and a snack from home. The kids will take a mid-break and enjoy a snack from home. Due to allergies, please make sure your daily snack is peanut free.

#### **Session 1:**

Location: Sweeney Park, Basketball Courts

Dates: Monday-Wednesday, June 23th, 24th & 25th

**Time:** 9:30-11:30am

Fee: \$115.00

#### Session 2:

Location: Sweeney Park, Basketball Courts

Dates: Monday-Wednesday, June 30th, July 1st & 2nd

Time: 9:30-11:30am

**Fee**: \$115.00

Rainy day plan. This class will be held at the Manchester/Essex High School Cafeteria.



**MINI** -Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

**CLASSIC** -Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Dates: Mondays June 23rd- August 18th

Mini (2YO): 4:00 - 4:30pm Classic (3YO): 4:40 - 5:15pm Classic (4/5YO): 5:25 - 6:05pm Premier (6-8yo): 6:15 - 7:00pm Location: Masconomo Park

Fee: \$187.00 per child

Register at: https://nsnh.soccershots.com/







## **SUMMER PROGRAMMING AT TUCK'S POINT**

Miss Nancy's Parties and Programs

# Tuck's Point Summer Fun

\$355
Per Person
Per Week
\$25 sibling
discount

Make summer memories with us at beautiful Tuck's Point!

#### Enjoy:

- Tie Dye
- Fun Games
- Daily Crafting
- Street Treats Ice Cream daily
- Painting
- Sand art and SO much more







Monday-Thursday 9am-2pm Children Ages 5+ Weeks: July 7-10 and July 14-17



Registration at www.MBTSrec.com

Owner and Director Nancy Thomas Purcell 978-210-6943 missnancyspartiesandprograms@gmail.com

## **SUMMER SCHOOL AGE SPORT PROGRAMS**

Summer Basketball Clinics @ Sweeney Park - (Grades 1-9)-Join Manchester Essex High School Boys Varsity Basketball Coach Tim St. Laurent, who will be running two summer basketball clinics at the outdoor courts at Sweeney Court (we are bringing in additional hoops). The clinic will be from 9am to noon each day. This clinic is for boys and girls in grades 1 through 9 (2025-2026 School Year). The sessions will be fun drills that concentrate on dribbling, passing, shooting, proper footwork, and defense. There will be games throughout the morning for all levels. The clinic will be run by the coaching staff, current and former players of the high school team. Bring a basketball, snack and water daily.

Coach **Tim St. Laurent** has been named the Cape Ann Coach of the Year four times in his nine years at Manchester Essex and in 2024 was named Coach of the Year by the Massachusetts High School Coaches Association. Manchester Essex High School Boys Basketball team have been the Cape Ann League champions 6 of the last 7 seasons, during the last three seasons the team won 40 straight league games.

#### **Session 1:**

**Location:** Sweeney Park, Basketball Courts **Dates:** Thursday & Friday, June 19th & 20th

Time: 9:00am-12:00pm

Fee: \$100.00

#### Session 2:

Location: Sweeney Park, Basketball Courts

Dates: Tuesday, Wednesday & Thursday, August 12th, 13th & 14th

Time: 9:00am-12:00pm

Fee: \$150.00

#### Register for BOTH weeks by May 31st and get \$50 offafter that date discount will not be offered





## **SUMMER SPORT PROGRAMS**

Boys Lacrosse Clinic with Declan Kirk (Grades 1-8)- Do you have a young lacrosse player looking to build their skills on the field? Join local resident and former two-year varsity captain of the MERSD LAX Team, Declan Kirk. Declan has also invited fellow MERSD alumni for a 3 day clinic at Coach Field Turf this Summer- this is a NEW clinic you do not want to miss. Learn to play and increase your skills from "the locals". Bring a daily snack & water. Your player will need to bring daily; Full pads: helmet, gloves, chest protector, elbow pads, and cleats.

Session 1: Grades: 1-4

Dates: July 21st, 22nd & 23rd (raindate 24th if needed)

**Time:** 9:00am-10:30am

Fee: \$90.00

Session 2: Grades: 4-8

Dates: July 21th, 22nd & 23rd (raindate 24th if needed)

Time: 9:00am-12:00pm

Fee: \$110.00



Girls Summer Lacrosse Clinic with Phoebe Ross (Grades 1-8)-Do you have a young female athlete at home that LOVES lacrosse? Then come join local resident and Skidmore Women's Lacrosse player, Phoebe Ross!!! Coach Phoebe and other guest high school and college players will provide three days of skills, drills, scrimmages and some fun summer activities! This great clinic will take place at Coach Field Turf on Brook Street here in Manchester. The Beginner/ Intermediate group is for any player who wants to learn the basics of lacrosse or work on perfecting the fundamentals of the game. The advanced group will focus on the fundamentals while also taking a more creative approach to skills and focus on larger concepts. Coach Phoebe is happy to answer any questions regarding where your player may be best fit- please reach out to me at phoebemross@gmail.comwith any placement questions.

Your player will need to bring daily; a lacrosse stick, goggles, mouth guard, cleats, turf shoes or sneakers, water and a snack for a mid session break and chalk talk!

Location: Coach Field, Turf @ Brook Street

Session 1: Grades: 1-4

Dates: July 21st, 22nd & 23rd (raindate 24th if needed)

**Time:** 1:00pm-2:30pm

**Fee:** \$90.00

Session 2: Grades: 5-8

Dates: July 21st, 22nd & 23rd (raindate 24th if needed)

Time: 1:00pm-4:00pm



## **SUMMER SPORTS PROGRAMS**

Youth Summer Field Hockey Skills & Scrimmage Clinic- Come join the Manchester Essex field hockey team, led by Varsity coach Courtney Brown, for their 4th annual summer youth field hockey clinic. Courtney is committed to developing confidence, fitness, and a strong mindset in her athletes. Join the Hornets in their forth annual youth summer field hockey clinic!

Clinic runs Monday through Thursday with a rain date on Friday, July 18th if needed

What to Bring: Outdoor field hockey stick, turf shoes/cleats/sneakers, mouthguard, goggles, shin guards, & water. Grades 4-8 athletes can also bring a quick snack for our mid-session break

Registration will close on June 27th 2024

Location: Coach Field, Turf @ Brook St

Dates: July 14th- 17th 2025 Grades K-3- 9:00am-10:30am Grades 4-8- 9:00am-12:00pm Fee: Grades K-3- \$100.00 Fee: Grades 4-8- \$150.00



**Viking Baseball Clinics (ages 5-12)** -This summer Manchester Parks and Rec is teaming up with Viking Sports North Shore for an amazing Baseball- Tee Ball Skills Clinics at Sweeney Park. Viking Sports will deliver top-notch baseball instruction, a fun environment, and skill-building opportunities for young players. Over the four days, the athletes will develop their individual skills, improve their understanding of the game, and leave with a stronger passion for baseball, all while having fun! What to Bring: Baseball glove, bat and helmet (if available), cleats or sneakers, water bottle, snack, hat and sunscreen. **Friday, August 1st is the set raindate if needed.** 

#### Viking Sports North Shore Baseball-Tee Ball Skills Clinic (ages 5-7)-

Location: Sweeney Park, Manchester-by-the-Sea, MA

Time: 9:00am-12:00pm

**Dates:** July 28th – July 31st, 2025 (Monday–Thursday)

**Ages:** 5-7

Fee: \$215.00 per participant

#### Viking Sports North Shore Baseball Skills Clinic (ages 8-12)

Location: Sweeney Park, Manchester-by-the-Sea, MA

**Time:** 12:30pm-3:30pm

**Dates:** July 28th – July 31st, 2025 (Monday–Thursday)

**Ages:** 8-12

Fee: \$215.00 per participant



## **SUMMER PADDLEBOARD PROGRAMS**

Stand Up Paddle for Kids (Grades 2-4) Clementines @ Tuck's Point- Is your little one new to the water? Just want to try it out? This is a summer-long drop in class available for our youngest paddlers. We will learn about the marine life in our harbor and your kids will become experts on all elements of the the water, tide, sun and moon cycles! We won't go far from the beach! This is a low-stress, fun and playful intro to paddleboarding. All equipment provided for the class. If you have your own pfd, please bring. (Please register for each class individually. Clementines can register for up to 4 classes this summer)

Dates: Mondays, 10:00am-11:30am

Grades: 2-4

Fee: \$29.00 per student

Maximum of 4 per session

Session 1: Monday, June 23rd Session 2: Monday, June 30th Session 3: Monday, July 7th Session 4: Monday, July 14th Session 5: Monday, July 21th Session 6: Monday, July 28th Session 7: Monday, August 4th Session 8: Monday, August 11th Session 9: Monday, August 18th Session 10: Monday, August 25th



**Stand Up Paddle for young teens (Grades 4-6) Mandarines-** Ok, let's explore! Join your school friends every Tuesday morning for some safe exploration in and around Manchester Harbor. After learning the basics of paddle boarding, we will discover the nooks and crannies of Manchester over a month long tidal cycle. We'll learn about what's in, on, and around the waters of this harbor. Yep, rain or shine! All equipment included (if you have your own PFD, bring!)

Date:Tuesdays 10:00am-12:00pm

Grades: 4-6

Fee: \$286.00 per student

Location: Tuck's Point, Boat Dock

Maximum of 4 per session

**Session 1:** 4- Two-Hour sessions Tuesdays 6/24, 7/1, 7/8, 7/15 **Session 2:** 4- Two-Hour sessions Tuesdays 7/22, 7/29, 8/5, 8/12

## **SUMMER PADDLEBOARD FOR KIDS & TEENS**

**Stand Up Paddle for young teens (Grades 6-8) Tangerines**- Slap on the sunscreen and get on the water with your middle schoolers. Did someone say water-borne Scavenger Hunt? Should we paddle to Captain Dustys? Oh, we'll have fun. Rain or shine. Pack your suit, towel and sunscreen and get ready to explore! (All equipment included

(if you have your own PFD, bring!)

**Date:** Wednesdays

Time: 10:00am-12:00pm

Grades: 6-8

Fee: \$268.00 per student

Maximum of 4 per session

Session 1: 4, Two-Hour sessions: Wednesday's: 6/25, 7/2, 7/9, 7/16

Session 2: 4, Two-Hour sessions: Wednesday's: 7/23, 7/30, 8/6, 8/13

Tangerine-agers at Singing Beach - Stand up Paddle (Gr 6-12)- Always wanted to stand up paddle at Singing Beach? Now is your chance! Just bring your suit and towel and we will bring the rest!!! Create a friend group of 4 or come alone and make new friends. We'll learn the basics, review our safety procedures, and head out into the waves.

Session 1: Wednesday, 6/25 Session 2: Wednesday, 7/2 Session 3: Wednesday, 7/9 Session 4: Wednesday, 7/16 Session 5: Wednesday, 7/23 Session 6: Wednesday, 7/30 Session 7: Wednesday, 8/6 Session 8: Wednesday, 8/13

Dates: Wednesdays
Time: 5:30pm-7:30pm
Fee: \$57.00 per student
Location: Singing Beach
Maximum of 6 per session





#### **TEEN SUMMER PROGRAMS**

Watercolor Summer Art Club for Teens at Tuck's Point (ages 11-18)- Join M/E Middle School English Teacher, Ms. Whittredge to embark on an exciting artistic journey as you delve into the enchanting world of watercolors in our beginner's class. Participants will learn how to create vibrant and expressive paintings, exploring wet-onwet, dry brushing, and other fundamental watercolor methods. The class aims to build confidence and a strong foundation for continued watercolor exploration. Have your own supplies? Bring them, Ms. Whittredge will help you understand how to use all your personal art supplies. Bring a daily lunch, snack & water.

Location: Tuck's Point, Chowder House

Dates: Mondays, July 21st, 28th & August 4th

Time: 9:00- 12:00pm

Fee: \$225.00 (all supplies included)



Safe Sitter Babysitting Course (Appropriate for grades 5-8) - Safe Sitter® is designed to prepare students in grades 5-8 to be safe when they're home alone, watching younger siblings, or babysitting. The Instructor-led class is filled with fun games and role-playing exercises. Students learn: Safety Skills: Students learn how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies.

**Child Care Skills:** Students learn tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering.

**First Aid & Rescue Skills:** Learning skills such as choking rescue and CPR is often students' favorite part of the class. Students also learn a system to help them assess and respond to injuries and illnesses. Greater Boston Safety Training partners with the American Health and Safety Institute to include a First Aid and CPR certificate.

Session 1:

Dates: Friday, July 18th, 2025

**Time:** 10:00am- 4:00pm **Fee:** \$107.00 per class

SAFESITTER

Session 2:

Dates: Friday, August 1st, 2025

**Time:** 10:00am- 4:00pm **Fee:** \$107.00 per class

**Self Defense Class with instructor, Brian Malik @ Tuck's Point**- Sending a student off to college in the Fall? Register them for a basic self defense class with master Tae Kwon Do instructor, Brian Malik. The goal of this class is to improve personal safety and confidence while empowering individuals with the knowledge and skills to protect themselves from potential threats. Please wear comfortable clothes and wear sneakers. Pack a water.

Location: Tuck's Point, Chowder House

Time: 6:00pm-7:00pm Date: Monday, July 28th

**Age:** 16-100 **Fee:** \$35.00

## **SUMMER MIDDLE SCHOOL PROGRAMS**

Summer Middle School Strength and Conditioning with Mr. Cowman (Gr. 6-8)-Unleash Your Inner Athlete This Summer! Are you ready to get jacked!? Join Mr. Cowman with his Summer Strength and Conditioning Program - perfect opportunity to build strength, improve agility, and enhance overall athletic performance. The program will guide you through a variety of exercises, drills, and workouts that will help you grow. Get ready to sweat, challenge yourself, and become the best version of your-

self!

**Dates:** Tuesdays & Thursdays

July 1st & 3rd
July 8th & 10th
July 15th & 17th
July 22nd & 24th
August 5th & 7th

Time: 8:30am-10:00am

Location: Manchester Essex High School Weight Room

Fee: \$200.00

Summer Middle School Tennis with Mr. Cowman (Grades 6-8) -Ace Your Skills! Calling all tennis enthusiasts! Join up and take your skills to the next level. Whether you're a beginner or an experienced player, I will guide you through dynamic drills, strategy sessions, and friendly matches. Get ready to serve, volley, and smash your way to victory! All players must have their own racket.

Dates: Tuesdays & Thursdays

July 1st & 3rd
July 8th & 10th
July 15th & 17th
July 22nd & 24th
August 5th & 7th

**Time:** 12:00pm-1:00pm

Fee: \$200.00



Summer Mountain Bike Club with Mr. Cowman- (Grades 6-8)-Back by popular demand!!!! Experience the thrill of mountain biking with Mr. Cowman. Did you enjoy mountain biking club over in the fall or miss out because of another commitment? Want to keep biking over the summer? Join Mr. Cowman for mountain bike club where we will improve our skills and get ready for a great fall season. Class will meet 6 times during the summer months. Class will meet at the corner of Pine Street and Pleasant Street. If a rider does not have access to a mountain bike, please contact Ross Cowman - there are loaner bikes available! Questions? Email Mr. Cowman at cowman@mersd.org

Dates: Wednesday's, July 2nd, 9th, 16th, 23rd, 30th & August 6th

Time: 12:30-2:00pm Ages: Middle School 6-8

Fee: 175.00

## **SUMMER MIDDLE SCHOOL PROGRAMS**

Summer Running Club with Ross Cowman (Grades 6-8)- Run Towards Greatness! Lace up your running shoes and get ready to hit the ground running! The Cowman Running Club is designed to improve your speed, endurance, and overall fitness. Join us for group runs and challenging workouts. Whether you're a seasoned runner or just starting out, this camp will help you reach new heights! If you've also signed up for the strength and conditioning camp, be assured that I will design our workouts so they compliment each other and don't overload you!

Dates: Tuesdays & Thursdays

July 1 & 3 July 8 & 10 July 15 & 17 July 22 & 24 August 5 & 7

Time: 10:30am-11:30am

Location: Manchester Essex Middle School

Fee: \$150.00



**Summer, Al Thinklab Robotics with RoboThink (Grade 2-5)-** Al Thinklab: Robotics introduces students to the fascinating world of robotics, where they can design, build, and animate their own robots using our proprietary hardware and software. The program features projects like a grabbing arm, a secure lockbox, and even a robopenguin, each incorporating body, hand, and face-tracking technology to bring these machines to life. This comprehensive approach not only teaches technical skills but also encourages creativity and a deeper understanding of mechanical and software interactions. Please pack a snack and lunch daily.

**Location:** Memorial School, STEM Classroom **Dates:** Monday-Thursday, August 11th- 14th

**Time:** 9:00am-12:00pm

Fee:\$330.00



Cardboard Box Theater Club at Crowell Chapel-Back by popular demand! Join Ruthanne Paulson, owner/director of Performing Arts Inspirations for some Drama! Build your acting skills through theater games, improvisation and skits! Throw on a costume, dive into the prop box and use your imagination! Get ready for some cooperative, creative group fun! The last day we will perform our show for families! Pack a daily snack and water.

**Dates:** August 18th, 19th, 20th & 21th

Time:9:00am- 12:00pm

**Ages:** 7-12

**Location:** Crowell Chapel

Fee: \$210.00

#### **MANCHESTER PARKS & RECREATION DEPARTMENT** PROGRAM REGISTRATION FORM

(ONLINE REGISTRATION IS THE BEST WAY TO COMPLETE REGISTRATION, HOWEVER IF ONLINE IS IMPOSSIBLE FOR YOU, YOU CAN FILL OUT THIS FORM AND BRING OR MAIL IT IN.)

#### **RETURN WITH PAYMENT TO:**

MANCHESTER PARKS & RECREATION 10 CENTRAL STREET MANCHESTER, MA 01944

CONTACT INFORMATION: CHERYL L. MARSHALL PARKS & RECREATION DIRECTOR

TELEPHONE: 978-526-2019

Parent/Guardian Name:			
Address:			
Home Phone:		Work phone:	
Cell phone:			
Email Address:			
Emergency Contact Name:			
Participant 1 First & Last Nan	ne:		
DOB:/			
Program 1 Name		Session	Fee:
Program 2 Name			
Program 3 Name		Session	Fee:
Doublein and 2 First 9 Last Name			
Participant 2 First & Last Nam	•		
DOB:/		Sassian/Time	Faa:
Program 2 Name			
Program 2 Name			
Program 3 Name		Session	Fee:
TYPE OF PAYMENT: CASH	CHECK	VISA	MASTERCARD
WHAT OTHER RECREATION PRO RECREATION DEPARTMENT OFF			
(the "TOWN"), I hereby release for personal injury or other dam my/my child's participation in To Trips, and Tours. Further, I agre cost, including attorney's fees, with program.	and discharge the Tov age that I/my child mig own of Manchester Par ee to indemnify the Tov	vn, its employees and tht sustain or that migl rks and Recreation De wn, its employees and	nt occur in the future as a result of epartment Programs, Events, agents for any loss, damages or as arise from said participation in
Signature:			Date:

## 4TH OF JULY 2025 SCHEDULE OF EVENTS



Saturday, June 28th: Red, White & Blue Pancake Breakfast at Tuck's Point

7:30 am - 11:00 am. The RWB Breakfast is organized by the Manchester-Essex Rotary Club

Thursday, July 3rd Enjoy an added concert at Masconomo Park 6:00-8:00pm featuring Richie Rich and the 24K Funk Band

Friday, July 4th: 4th of July Parade 10:00 am, starting at Manchester-Essex Regional High School and following the traditional parade route.

## HORNETS AFTER SCHOOL PROGRAM 2025-2026

The Hornets After School Program is a full time after school program that offers a safe, supportive alternative between school and home for the children of Manchester-by-the-Sea in grades K-5. The Hornets After School Program is run by the Manchester Parks and Recreation Department. The staff of the after school program are chosen carefully and must meet the strict requirement of the Massachusetts Department of Early Education & Care, who is our licensing body. Heather DePriest has run the after school program since its inception in January 2007. Heather also serves as the Program Director for the Parks and Recreation Department.

On Monday, July 7th we will open registration at www.mbtsrec.com You must register your family for an annual one-time nonrefundable registration of \$75.00. Each child participating in the program will need their own set of forms. Our registration forms for 2025-2026 are included in this packet but you can also find them on our web site. The Hornets after School Program is based upon the number of weeks in a school year. Consequently, monthly tuition remains the same regardless of the number of weeks in each month. We offer 10% off siblings.

#### After School Program Activity Schedule:

3:00 - 3:20 - Free Time, Coloring, Board Games and Legos

3:20 - 3:40 - Clean up and prep for snack

3:45 - 5:00 - Outside time/ gym time

5:00 - 5:25 - Homework time/ quiet reading time 5:25 - 6:00 - Craft Time/ extra homework time if needed

#### 2025-2026 Monthly Tuition Fees:

To register, please complete a registration form found online at https://manchester.ma.us/268/Parks-Recreation and submit the \$75.00 non-refundable registration fee.

2 days per week: \$231.00/month 3 days per week: \$308.00/month 4 days per week: \$374.00/month 5 days per week: \$439.00/month



