**Team Ultimate 2019**

Ultimate Frisbee also known as Ultimate has become a popular and exciting, non-contact team sport, played by thousands the world over. It mixes the best features of sports such as soccer, basketball, and American football into an elegantly simple yet fascinating and demanding game. The object is to pass the disc without dropping or interception into an end zone like an American football field. Ultimate Frisbee has been part of our school for 14-years and counting with the only co-ed 6-12 team in the league.

Ultimate traditionally relies upon a spirit of sportsmanship, which places the responsibility of fair play on the player him or herself. Highly competitive play is encouraged, but never at the expense of the bond of mutual respect between players, adherence to the agreed-upon rules of the game, or the basic joy of play; protection of these vital elements serves to eliminate adverse conduct from the field. Such actions as taunting of opposing players, dangerous aggression, intentional fouling, or other 'win at all costs' behavior are contrary to the spirit of the game and must be avoided by all players.

The purpose of the rules of Ultimate is to provide a guideline, which describes the way the game is played. The integrity of Ultimate depends on each player's responsibility to uphold the spirit of the game, and this responsibility should not be taken lightly!

 *Coach Catherine Heanue @* *catherine\_heanue@yahoo.com* *408.309.0640*

### SEASON March 11- May 31

* This program is run by Manchester Parks & Rec - schedule available on www.mbtsrec.com. Please check schedule periodically for changes.
* There may two teams, A and B which equate to Varsity and Junior Varsity. In recent years due to lower numbers, we have had a combined A/B team.
* In the event there are two teams, cuts from the A to the B Team will be done fairly by the captains. There is always a chance for movement for B players to the A Team and visa versa. Cuts are made taking the following into consideration: attitude, attendance, participation, effort and general athletic skills including throwing and catching skills, running, defense and offense.
* Depending on availability, practices will be at located at Brook Street or Masconomo Field from 2:30- 3:30 Monday - Friday.
* Players should always bring the following to practices and matches: uniform, weather appropriate clothing, cleats, running shoes, plenty of water, and snacks.
* Lateness and absences will be accepted with teacher &/or parent/guardian notes. Lateness and absences without excused reasons will result in limited playing time in competitions.
* Costs - $65.00 for the season to cover discs, team shirts, pinnies, field use fees, etc. Manchester Essex Team Ultimate is a club sport and does not receive funding for field space, transportation, nor any other assistance from the school.
* Uniforms – team shirt, blue shorts, cleats and running shoes (no uniform, no cleats, no play)
* Playing a varsity sport fulfills the junior or senior year PE requirement (it does not waive it). Club or non-varsity sports does not automatically fulfill it, but if a junior or senior were to keep track of Ultimate Frisbee hours for practice and competition, then guidance would view that as completing the “self-directed” PE path – 40 hours required. Each student must submit a form for each year (junior and senior) if following a PE path other than a varsity sport.

### Important Information: Return by Friday March 1st.

* + Signed “Manchester Parks & Rec - Manchester Essex Team Ultimate Consent”- page 2
	+ Signed “Town of Manchester Team Ultimate Registration” - page 3
	+ Payment of $65.00 – checks made out to “Town of Manchester”

**Manchester Parks & Rec - Manchester Essex Team Ultimate Consent**

YOU MUST RETURN THESE FORMS

I give permission for my child to participate on the Ultimate Frisbee Team, and to travel by private car, school bus, or chartered bus as necessary, during planned activities. I agree to release and hold harmless the Town of Manchester, Manchester Parks and Recreation, or the Manchester Essex Regional School District and its employees, agents, and volunteers from any and all liability for personal injuries to my son/daughter or others, or damage to persons or property that might result in any way from his/her participation in the above program. I affirm that I have read this Consent and Release Form and that I understand its contents. I understand that my child’s participation in Manchester Parks and Recreation Programs is voluntary and that my child and I are free to choose not to participate.

Parent Initials

Student Initials

**Code of Behavior:** It is expected that all students conduct themselves in a safe and reasonable manner, and observe the rules outlines in the Manchester Essex Student Handbook as it relates to the Student Chemical Health Policy. Any student who jeopardizes his or her own or another’s safety or well being will be warned and may result in the student’s removal from the Ultimate Frisbee Team.

Parent Initials

Student Initials

**Consent to Travel:** I give permission for my child to participate on the Ultimate Frisbee Team, and to travel by private car with someone that has be recognized by the State of Massachusetts to legally transport minors, player parents or guardians, or with Mrs. Catherine Heanue. Drivers agree that all passengers will wear seatbelts at all times and that texting and driving is strictly prohibited.

Parent Initials

Student Initials

**Request for Parent Travel:** As we have no transportation provided to our club, we must rely on ourselves to get to and from away competitions. We are sometimes in need of parent drivers; transportation is usually not a problem but is sometimes difficult. **Would you be able to offer to drive sometimes?** If you are going to an away game and are leaving from the area of the school, please let me know and we will see if there is a need that day.

Parent Initials & Phone #

Signature of Participant/ Date Signature of Parent/Guardian / Date

***Please provide player and parent/guardian email addresses:***

***Player Email***

***Parent Email***

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**Team Ultimate Registration**

Checks should be made payable to Manchester Parks and Recreation and mailed with this form to: Manchester Parks & Recreation, 10 Central Street, Manchester, MA 01944 or you can pay online at: <http://www.manchester.ma.us/recreation> and click “Register for Programs Online.”

YOU MUST RETURN THESE FORMS

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Name:

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_T-shirt size\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Town:

State:

Zip:

Grade: Phone #1: Phone #2:

Emergency Contact Name: Phone #:

I give permission for my child to participate in the Ultimate Frisbee Program, and to travel by car as necessary, during planned activities. Furthermore, in consideration for my/my child’s participation in programs sponsored by the Town of Manchester-by-the-Sea (the “TOWN”), I hereby release and discharge the Town and the Manchester Essex Regional School district, its employees, volunteers and agents from any and all claims for personal injury or other damage that I/my child might sustain or that might occur in the future as a result of my/my child’s participation in Town of Manchester Parks and Recreation Department Programs, Events, Trips, and Tours. Further, I agree to indemnify the Town, its employees, volunteers and agents for any loss, damages or cost, including attorney’s fees, which the Town may have to pay if any claims arise from said participation in the program. In addition, I give permission for any photos taken to be used for publicity purposes.

Parent or Guardian Signature: Date:

Checks should be made payable to Manchester Parks and Recreation and mailed with this form to: Manchester Parks & Recreation, 10 Central Street, Manchester, MA 01944. Feel free to pay online at:http://www.mbtsrec.com and click “Register for Programs Online.”

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